

Should I Move or Stay Put?

Your Personal Survey

	Yes	No	Sometimes
Am I mobile?			
Do I need help doing things such as dressing, walking, bathing?			
Can I still work in my garden?			
Can I cut the grass or shovel the snow?			
Can I go shopping for myself?			
Can I look after my own banking and bill payments?			
Am I comfortable living alone?			
Do I have problems going up or down the stairs?			
Do I have independent outings?			
Am I a prisoner within my own house?			
Can I clean my house? (Do I want to?)			
Can I do the laundry? (Do I want to?)			
Can I still cook for myself? (Do I want to?)			
Is my house just too big for me?			
Do I truly enjoy my home?			
Can I financially carry the house expenses? (utilities, taxes, etc.)?			
Does the house require extensive repairs?			
Is the house in need of modernization?			
Is the house a safe environment for me?			
Has the neighbourhood changed?			
Do I have family or friends nearby?			
What would be good if I move?			
Why should I stay?			